

## Saturn Mantras

Saturn causes suffering in different ways through various charts. The remedies presented here will cover the general nature of Saturn and show the way in which this planet creates troubles. These remedies are traditional mantras found throughout the Vedas, Purāṇas, and Tantras.

Saturn is the kāraka of suffering as he represents our misdeeds in this and previous lives. It is his job to ensure everyone suffers their bad karma. The mantras presented here have the power to purify one's bad karma by washing it clean (Viṣṇu/Kṛṣṇa) or burning it away (Śiva). Viṣṇu is the forgiver of one's sins while Śiva is the remover/destroyer of our sins. The Viṣṇu and Kṛṣṇa mantras purify by forgiving, as the bad karma is washed clean. The Śiva, Bhairava, Rudra, Sūrya, and Hanuman mantras purify by burning one's bad karma away. The nila-śakti associated with Saturn is related to purifying Saturn and teaching him to act properly as a mother disciplines her child.

## Purifying Saturn

There are many ways to approach a planet, and how it is approached will be determined according to the intention one has. This section will reveal mantras for purifying Saturn. Saturn is naturally slow, blocked, dirty and contracted. The Ṛṣi Paraśara says that Saturn can be worshiped as Viṣṇu. By worshipping Saturn as Viṣṇu, one purifies Saturn, removing the dirt and tamas guṇa. Viṣṇu is all-pervasive, everywhere. This expansive vibration removes the constricting energy of Saturn which leads to blockages and heavy build-ups. It creates the proper 'space' for Saturn to work beneficially in, and ensures that Saturn can give pure, healthy results. The mantra to purify Saturn is: *Aum̐ viṣṇave namaḥ*

When Saturn is conjunct or aspecting the lagna, *hūm̐* is inserted into the mantra making it:

|| *Aum̐ hūm̐ viṣṇave namaḥ* ||

(*Aum̐*, praise the all-pervasiveness, dispel negativity)

This mantra purifies the negativity of Saturn on the lagna and brings the focus and foundational strength of Saturn. When Saturn aspects the D-9 lagna, it brings older partners into the person's life; reciting this mantra ensures they are good older people that will help one flourish. By purifying the dirt of Saturn one becomes cleaner themselves (lagna śuddhi) or when Saturn is posited in the D-9 lagna or aspecting it one gets a 'cleaner' spouse.

When the AL is conjunct or aspected by Saturn the dirt appears on the image of a person--acknowledgement is slow to come and they get recognition only later in life. To purify this Saturn, insert *śrīm* bija into the mantra. This cool and cleansing mantra will purify the ragged, poor energy of Saturn and remove this from the image one projects to the world.

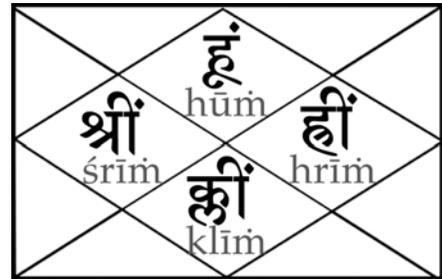
॥ Auṁ śrīm viṣṇave namaḥ ॥  
(Auṁ, praise the all-pervasiveness, cleanse impurity)

*Klīm* is kāma bija—the desire fulfilling sound, added when Saturn is damaging the seventh house or A7. *Hrīm* is added when Saturn is conjunct or aspecting the tenth house or causing problems to the A10. Saturn in the tenth can cause falls from high positions in career. Saturn with the A10 will make a person work very hard and no matter how hard they work they will be asked to work harder. When Saturn is with the A10 the perception is that the person is not working hard enough. So by chanting to Viṣṇu with *hrīm* bija this Saturn becomes cleansed of its hardness and cleansed of the activities that will make a person fall from a high position.

॥ Auṁ hrīm viṣṇave namaḥ ॥  
(Auṁ, praise the all-pervasiveness, righteous power)

Trines to these kendra positions will use the same mantra. For example, Saturn in the eleventh is trine to the seventh, therefore *klīm* bija is used:

॥ Auṁ klīm viṣṇave namaḥ ॥  
(Auṁ, praise the all-pervasiveness,  
focus my desire on the positive)



Exception:

In the case of Saturn in the 8<sup>th</sup> house, the eight syllable mantra is the best mantra for pacification of Saturn.

॥ Auṁ namo nārāyaṇāya ॥  
(Auṁ, praises to that which is the all goal of all humans)

### **Saturn Afflicting Health**

When natal Saturn afflicts the lagna there are health problems related to vata doṣa throughout the native's life. They will often deal with large amounts of negativity determined by Saturn either placed in the lagna, aspecting it by his third house hammer or his 10<sup>th</sup> house kick. Saturn's association with the lagna will also bring more of the tamas guṇa into the person's life, making them lazy, or sullen, or other tamas attributes.

॥ Auṃ ghr̥ṇiḥ sūryāya namaḥ ॥  
(Auṃ, praises to the Sun, shine brilliantly)

The remedy for this is worship of the Sun. One can use a short mantra or the famous Savitur Gāyatrī mantra which is extremely efficient. By strengthening the sattva guṇa Sun, kāraka of life and vitality as well as the bhāva kāraka of the lagna, one removes the depletion of Saturn. The Sun burns off the tamas of Saturn, and the body is warmed and strengthened.

॥ Tat savitur vareṇayaṃ  
bhargo devasya dhimahi  
dhiyo yo naḥ pracodayāt ॥

'That' which is self evident is the highest awakener,  
We mediate upon the self-effulgent source which is the illuminator of all,  
Please guide all our intelligence and intuition.

### **Saturn Transiting Lagna**

Saturn transiting the lagna will cause health problems, as the lord of vata doṣa is in the body. Saturn is vata (air) and depletes the body, making it age faster. Natives will often suffer dental problems or other cases of decay. It may also cause financial difficulties. The remedy for this is the worship of Śiva in the form of Bhairava. This form of Śiva protects the lagna and purifies toxins and negativities so they do not accumulate. Bhairava brings strength to the body, and creates a wakeful energetic mental state.

There are a variety of Bhairava forms, Kalabhairava relates specifically to Saturn. I do not have the ability to give a Kalabhairava mantra (though you are welcome to search for an authentic one). Batuka Bhairava, who relates to Mars, is

just as beneficial as he is a very powerful Bhairava form and specifically protects the lagna. This is the primary Bhairava worshiped in the ashrams of Hairakhan Babaji.

॥ Auṁ baṁ baṭukāya āpaduddhāraṇāya  
kuru kuru baṭukāya baṁ auṁ namaḥ śivāya ॥

Auṁ praises to Śiva, in the form of a young boy,  
free from death, protect us from difficulties.

### **Maraṇa Kāraka Sthāna Saturn**

Saturn is maraṇa kāraka sthāna in the first house, this is where he feels like dying, and thereby his indications in the chart feel like dying. Wherever Saturn is placed he is in the first house of that signified bhāva or arudha, therefore making that area of life feel like it is dying, or suffocating, or trapped. For example, Saturn with the UL will make the marriage feel like it's dying and the spouse will feel suffocated (this also happens if the lord of the UL bhāva is MKS). The worship of the Libra Jyotirlingam is used as a remedy to bring life into Saturn. This is often done along with Śiva Lingam abhiśeka.

॥ Auṁ namaḥ śivāya kaleśvarāya haum jum saḥ ॥

Auṁ, praises to Śiva, the lord of time,  
God and Goddess plant the seed of rejuvenation.

### **Strengthening Saturn**

If Saturn is indicating that he will give good results in a chart and he is weakly placed, then one can do a graha mantra of Saturn to increase his results:

Auṁ śanischarāya namaḥ (3/8)  
Auṁ, praises to the teacher Saturn

This mantra is good to make Saturn give results similar to Śaśa Mahāpuruṣa yoga, as if Saturn was strong in the first house. The mantra can have *śam* added after Auṁ to make it 4/9, which invokes the traditional learning associated with Saturn. It can also be made 7/12 by adding *praṁ priṁ prouṁ saḥ* after Auṁ which

invokes the knowledge of Saturnian sciences such as disease, death and the dying process.

The Saturn Gāyatrī (from Ṛg Veda, Maṇḍala 10, Sūkta 9) is recommended by Paraśara (Graha Śanti Chapter) to be recited 23,000 times. This can be done by chanting 6 malas a day for 40 days and will pacify Saturn.

[Aum̐] śaṁ no devīrabhiṣṭaya  
āpo bhavantu pītaye |  
śaṁ yorabhi stravantu naḥ |

May the goddess favor us with Peace  
and bless us with divine waters to drink  
and let health and strength flow to us

## Saturn Conjunct the Moon

When Saturn is conjunct the Moon it is called Kalika yoga as Saturn takes the form of the Devi (goddess). When Saturn is conjunct the Moon, or associated with the fourth house, or in debilitation, the form of Kali is advised to uplift the effects of Saturn. When Saturn is debilitated it means it is lacking understanding, therefore the Mahāvidyā (great knowledge) of Kali is needed to educate him, and bring more auspicious results. The Kali mantra should be calculated to correspond to the placement of Saturn or one can use the sacred Kali mantra mentioned below.

*Aum̐*

*Aum̐ Aum̐*

*Aum̐ Aum̐ Aum̐*

*Aum̐ Aum̐ Aum̐ Aum̐ Aum̐*

Krīm krīm krīm hūm hūm hrīm hrīm

dakṣiṇa kālike krīm krīm krīm hūm hūm hrīm hrīm svāhā

In the cycle of creation, preservation, and dissolution,

There is the word (guru) and its meaning (knowledge),

Lead me to create good things and maintain them,

Oh Mother who protects one from Death,

Lead me to create good things and maintain them,

Through the word (guru) and its meaning (knowledge),

Transcending the cycle of creation, preservation, and dissolution,

I offer this prayer to you, So be it.<sup>1</sup>

*Aum̐ Aum̐ Aum̐ Aum̐*

*Aum̐ Aum̐ Aum̐*

*Aum̐ Aum̐*

*Aum̐*

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<sup>1</sup> Interpretation based on bijārtha of Mahidhara's Mantra Mahodadhīḥ translation Ram Kumar Rai

## **Pisascha Yoga**

When Saturn is conjunct Ketu it is called Pisascha Badhaka, obstruction by un-embodied spirits still occupying the earth plane. This combination will show problems from unseen spirits either throughout one's life or when activated depending on placement and daśās. For this to be remedied one must ensure that the spirit is properly exorcised or appeased. Sun worship and propitiation of the ancestors may also be beneficial. If the case relates to a spirit lost and trying to find its way then the Śakti Gaṇeśa mantra is best. This Saturn Ketu combination opens up another entire area of Jyotiṣa, called adṛṣṭa, that which can't be seen.

Śakti Gaṇeśa Mantra:

॥ Auṃ hrīm gaṃ hrīm mahāgaṇeśāya namaḥ svāhā ॥

Auṃ, praises to the goddess empowered Gaṇeśa, the great lord of divisions.

## **Sadi-Sati**

Sadi Sati is the period when Saturn transits over the Moon and over the positions of second and twelfth house argala. Saturn transiting the houses with low aṣṭakavarga will be a time of the most intense suffering. During this time the Rudra Chamakam is chanted to protect one's mind, finances and all things beneficial in life. The Moon gives sustenance and comforts, while Saturn transiting the Moon destroys this supportive ability. There are also more specific remedies relative to the house Saturn is transiting. These more specific remedies may be utilized along with the Rudra Chamakam or instead of, depending on the situation of the native.

Saturn Transiting the 12<sup>th</sup> house:

When Saturn transits the twelfth house from the Moon there may be problems related to domestic life-- this may be issues with children or the spouse and other problems involving home or property. The remedy for this is the worship of Mother Kali (either according to the house placement or with the Dakṣina Kali mantra).

Saturn Transiting the Janma Rāśi:

When Saturn transits the Janma Rāśi (natal Moon sign) there may be loss of reputation, bad association, failure of endeavors, and other reasons to suffer. For relief from this Hanuman is worshiped. Worship should be performed

primarily on Saturdays (worship of Hanuman on Tuesday is for empowering Mars). Given here are two mantras; the first is for removing bad energy and monetary problems, the second is for health and energy level concerns. If more powerful mantras are needed to remove addictions, violence or black magic, one should use the tantric five-headed Hanuman mantras.

॥ Auṁ haṁ rudrāya hanumate namaḥ ॥  
Auṁ, praise to Hanuman the destroyer, bring good space

॥ Namō bhagavate añjaneyāya mahābalāya svāhā ॥  
I offer praises to the son of añjana who has great strength

Saturn Transiting the 2<sup>nd</sup> house:

The transit of Saturn through the second house can cause financial hardship and problems with the government. To resolve this, Viṣṇu is worshiped as Kṛṣṇa. One should either follow the mantra of one's tradition (as initiated) or use,

॥ Śrī kṛṣṇa śaraṇaṁ mama ॥  
I take the protection of the Great Sustainer

### Rudra Chamakam

The Rudra Chamakam is a section of the Śrī Rudram which comes from the Kṛṣṇa Yajurveda. The Chamakam is composed of 11 verses (anuvākas) that relate to the eleven Rudrāṁśas of a sign. The verse associated with the particular Rudrāṁśa of one's natal Saturn, indicated by Saturn's degree, gives the best results. For the general public, priests and astrologers often prescribe the third anuvāka (verse) as it gives the parākrama (energy/courage) to protect one from the suffering of Saturn.

The Rudra Chamakam is chanted after one has taken a shower, having cleansed themselves in preparation for worship. The individual should sit facing the eastern direction.

	Saturn
1	2° 43' 38"
2	5° 27' 16"
3	8° 10' 55"
4	10° 54' 33"
5	13° 38' 10"
6	16° 21' 49"
7	19° 05' 27"
8	21° 49' 05"
9	24° 32' 44"
10	27° 16' 22"
11	30° 00' 00"

When chanting a single verse (anuvāka) one should repeat it eleven times.  
Below is the third anuvāka,

śaṁ ca me mayaśca me priyaṁ ca me'nukāmaśca me  
kāmaśca me saumanasaśca me bhadraṁ ca me śreyaśca me  
vasyaśca me yaśaśca me bhagaśca me draviṇaṁ ca me  
yantā ca me dhartā ca me kśemaśca me dhṛtiśca me  
viśvaṁ ca me mahaśca me saṁvicca me jñātraṁ ca me  
sūśca me prasūśca me sīraṁ ca me layaśca ma ṛtaṁ ca me  
'mṛtaṁ ca me'yakśmaṁ ca me'nāmayacca me jīvātuśca me  
dīrghāyutvaṁ ca me'namitraṁ ca me'bhayaṁ ca me sugaṁ ca me  
śayanaṁ ca me sūśā ca me sudinaṁ ca me || 3||

Auṁ namo bhagavate rudrāya

Auṁ śantiḥ śantiḥ śantiḥ

Peace is within me, pleasure is within me, love is within me, agreeable desires are within me, sensuality is within me, kindness is within me, prosperity is within me, excellence is within me, self-empowerment is within me, fame is within me, good luck is within me, the most valuable possessions are within me, guidance is within me, support is within me, security is within me, perseverance is within me, wholeness is within me, greatness is within me, reward is within me, intelligence is within me, motivation is within me, productiveness is within me, the capacity to work is within me, relaxation is within me, respectfulness is within me, nectar is within me, healing is within me, health is within me, the life giving medicine is within me, long life is within me, freedom from enemies is within me, freedom from fear is within me, the proper direction is within me, the resting place is within me, the vigor of a new day is within me, good days are in me.

Auṁ, praises to Rudra

Auṁ Peace, Peace, Peace

## Conclusion

Among the various remedies there are many which may overlap. The two most important considerations are: the specific problem the native is facing and the individual's chart indications.

The special properties of the mantra and the devata must be considered relative to the specific problem at hand. For example, Viṣṇu is a sustaining deity while Rudra is a destructive deity. If the significations offer either one as a remedy, then one must more deeply consider the issue. If the native suffers from their life falling apart because of financial lack then a Viṣṇū mantra would be a better choice than Rudra. If the problem is that the person is suffering harsh advances from an enemy or dealing with issues of litigation then Rudra may be the better choice. In this way the specifics of a situation will help determine the best remedy.

The remedy that best fits the overall chart by agreeing with the most significations will give the quickest and easiest results. For example, if the Iṣṭa devata is Viṣṇu and Mercury is the most actively influencing planet in the chart, then the Viṣṇu mantras will override the other mantras in effectiveness. If the Sun is the Iṣṭa, then Śiva or Sūrya mantras will give the best results. Which houses are involved and planetary conjunctions can override other factors and again change the situation for the most effective remedy.

Parasara's prayer to Shiva Rig Veda..

या ते रुद्र शिवा तनुरघोरापापकाशिनी ।

तया नस्तन्वा शान्तमया गिरिशान्त अ-चाकशीहि ॥

ỵ te rudra ḥiṿ tanuraghoṛp̣paḳḥiṇḥ|

taỵ nastanṿ ḥ̣ntamaỵ girip̣nta abhic̣kaḥḥhi ||

O Lord Rudra, who blesses us all by revealing and bestowing the highest knowledge upon us, calm us with the presence of your peaceful and blissful self, which will destroy and remove all terror and all sin.